

"This training was more than I expected! It was absolutely the best leadership training I have ever attended; real life leadership training."

# **Speaking and Training Topics**

## Leading with Style - Enhancing Your Emotional and Social Intelligence

Research shows each of us has a dominant pattern of behavior (DPB) based on how assertive we are and how emotionally we respond to things. Each DPB has different characteristics, needs, behavioral tendencies, weaknesses and stress triggers. Understanding our DPB enhances our emotional intelligence and self-management. Understanding the DPB of others enhances our social intelligence and relationship building. Each DPB has strengths that will lead people to great success and weaknesses that will hold people back if ignored.

# **Fuel Employees for Top Performance**

People are like high performing vehicles. The wrong fuel will lead to poor performance and breakdowns. The right fuel will efficiently produce top performers. 40 years of research suggest that our observable behavior can be described in one of four ways that when understood give leaders the insight to fuel their people properly leading to less breakdowns and more top performance.

#### Think Like a Leader - Fulfilling Your Vision from the Top Down

Just because people are in leadership positions doesn't mean they understand leadership. Audience members will be challenged to see their business from three critical perspectives while understanding the seven key areas of their strategic plan.

### **Your Leadership Presence**

Trust in leadership is built or broken through our Image, Presentation, Competence and Feedback. Audience members will be challenged with four questions that will dictate the level of trust they build with others. 1. Do you look the part? 2. Are others comfortable with your presentation? 3. Are you reliable? 4. Do you strive to meet others' needs?

#### **Success in FOCUS**

Take a moment to think about the things you are proudest of. Chances are they didn't happen by accident. You either made a decision or you were forced to give them a great deal of FOCUS. Audience members will be introduced to three things they must give focus to if they are going to be successful. They will also be introduced to three barriers that if they ignore may distract them from ever living their full potential.



Jason has been studying personal, professional, and leadership development for most of his adult life. Adversity in his early 20's made him rethink his approach to the world and motivated him to study the characteristics of success. Within months of turning 24, he created his "By 30 Vision" and knew he wanted to spend his life teaching, training, coaching, and speaking. Today, he travels across the country working with leaders in the areas of self-management, relationship building, strategic thinking, and creating high-performing teams. Jason's purpose is to inspire confidence in everyone he works with, and he is passionate about helping them pursue and achieve meaningful results.